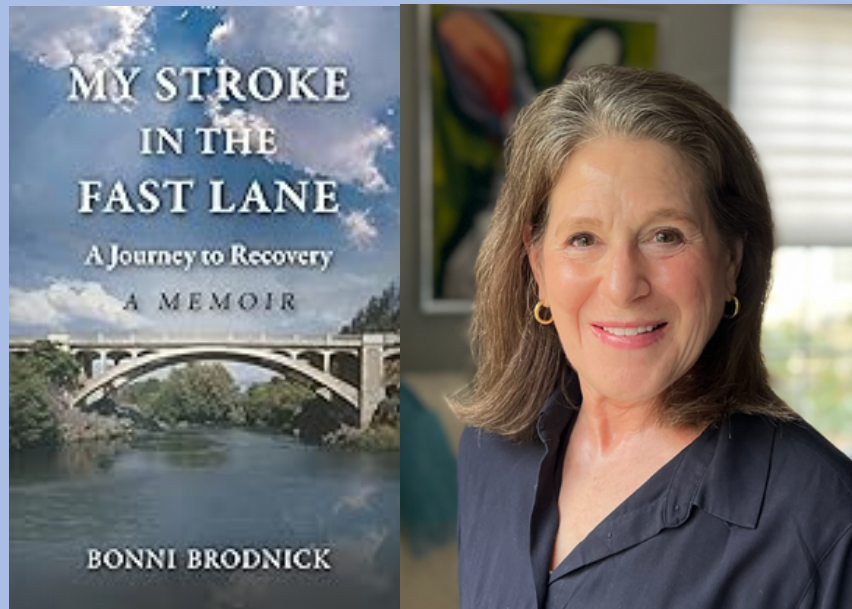


# LOCAL AUTHOR TALK WITH BONNI BRODNICK

**SATURDAY  
DECEMBER 2  
11:00AM**



*My Stroke in the Fast Lane: A Journey to Recovery* begins on Easter Sunday morning. While driving home at 65 mph on an interstate highway, Bonni had a stroke. Her 86-year-old mother, sitting in the passenger seat, grabbed the wheel and crashed them into a guardrail. One reviewer says: "Her exceptional bravery and unwavering determination are profoundly inspiring, rendering this book a deeply engaging and emotionally charged journey into the limitless resilience of the human spirit."

Bonni Brodnick is the author of *Pound Ridge Past*, now in its second edition. She also wrote for *The Record-Review's* Pound Ridge "Talk of the Town" column for many years. Formerly with Condé Nast Publication's *Glamour* and *House & Garden* magazines, Bonni has written scripts for Children's Television Workshop and was editor of two academic magazines. She is an award-winning communications specialist, a member of the Pound Ridge Authors Society, and has a blog ([bonnibrodnick.com](http://bonnibrodnick.com)). In addition, Bonni is an ambassador for the American Heart Association and a proud Stroke Survivor.

Register using the QR code or online at [bedfordfreelibrary.org](http://bedfordfreelibrary.org).

Space is limited.

Light refreshments will be served.

Books will be available for purchase and signing

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