



## New Program

# Infant Feeding Support Group at the Bedford Free Library

Fridays, January 10th & February 7th  
10-11am in the Biography Room

Join local parent, Board-Certified Lactation Consultant (IBCLC) and Postpartum Doula, Alex White for a support group on all things Infant feeding.

Bring your baby, your questions, or your desire to have a cup of tea in community with other parents! Attend one session or both.

Registration required:  
[bedfordfreelibrary.org](http://bedfordfreelibrary.org) or  
scan QR code below.



More about Alex here



32 Village Green  
Bedford, NY  
[bedfordfreelibrary.org](http://bedfordfreelibrary.org)  
914-234-3570