

Bedford Babies Fall 2026



For babies 11 months or younger and their parents

Tuesdays from 1:00-2:00PM

Registration required

Sept. 29, Oct. 6, 13, 20, 27, Nov. 3, 10, 17

This 8 week program is the perfect opportunity for new parents and their babies to:

- Discuss parenting concerns
- Meet other parents

Sara Perna is a PCI Certified Parent Coach®; and an early childhood educator. She will facilitate discussions on everything that is on the minds of the parents involved in the everyday work of welcoming, loving, and raising a baby.

The meetings will take place in the warm, welcoming environment of the Bedford Free Library.

Registration required:
bedfordfreelibrary.org or
scan QR code below.



More about Sara here

