

# Bedford Babies Winter 2025



For babies 11 months or younger and their parents.

**Tuesdays at 10:00AM**

***Registration required***

**February 25 March 4, 11, 18, 25 & April 1, 22, 29.**

This 8 week program is the perfect opportunity for new parents and their babies to:

- Discuss parenting concerns
- Meet other parents



**Adrian Kalikow is a Certified Parent Coach who will facilitate discussions on everything that is on the minds of the parents involved in the everyday work of welcoming, loving and raising a baby.**

**Online registration begins Tuesday January 7 at 10:00AM**

**Scan QR Code to register online at our website [bedfordfreelibrary.org](http://bedfordfreelibrary.org)**



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